

## *Warming Bodies and Hearts*

Still Someone, Inc. supports seniors' needs for dignity and comfort by distributing blankets and greeting cards to nursing home and home care patients.

The comfort items we hand out are unique creations made by volunteers. Each knit, woven, sewn, or crocheted piece can provide a layer of warmth in a chilly building, modesty and dignity when worn over a skimpy hospital gown, and a personal decoration to an institutional room.

Seasonal cards are distributed to nursing home residents to remind them that people are thinking about them and that they are valued.



## *Your Help is Needed*

Whether you are looking for a group service project or want to volunteer as an individual, please consider supporting this mission by crafting comfort garments, making or signing cards, donating materials or funds, or learning more about eldercare issues.

No one at Still Someone is paid for their involvement. All crafters, administrators, and distributors are volunteers.



## *Schools and Youth Groups*

Students at all levels can benefit from taking part in a service project. Elementary school students can design cut-and-paste cards. Middle school and high school students can craft blankets and afghans.

Kids of all ages can learn the importance of helping others and giving back to the community.

## *Blanket Guidelines*

Please keep the following criteria in mind when crafting blankets, afghans, and shawls:

- Garments should be made from machine washable and dryable fibers such as acrylic and cotton.
- Avoid rough or itchy fabric that might irritate the recipient's skin.
- Bright colors are wonderful, but please avoid juvenile prints such as cartoon characters.
- Because of allergies, do not use wool, alpaca, or other animal fibers.
- Individual afghan squares and blankets that need minor finishing are welcome!
- Mail completed blankets to Still Someone, Inc., PO Box 543, Upper Sandusky, OH 43351

## *Card Guidelines*

Please keep the following criteria in mind when selecting or designing greeting cards:

- Because recipients come from all faiths, overly religious cards should not be sent.
- Avoid mentioning how badly you assume the recipient must be feeling or referring to better or happier days in the past.
- Feel free to send just one card or a few dozens! We pull together cards from different volunteers so that no one in the nursing home is left out.
- Mail cards to Still Someone, Inc., PO Box 543, Upper Sandusky, OH 43351